



A Home Based Spa  
Experience the Difference

## Health and Safety Update

As we are heading into a new cold and flu season, I have the following in place to create a safe space, for you and everyone else to come and relax in while you receive your service.

- As always, a high level of sanitization and disinfection will be maintained including all high traffic areas and commonly touched surfaces.
- Please, if you are sick with ANY of the listed symptoms that is not pre-existing or feel unwell, please stay home and I'll be happy to reschedule your appointment with no problem at all. (cough, fever, runny nose, sore throat, stomach flu symptoms)
- If you have COVID, I ask that you please contact me.
- Masks are not mandatory, and is worn by own choice. I do respect either choice you make. If you would like a mask, I will gladly provide you with one.
- Please wash your hands for 20 seconds upon arrival. I have a hands-free soap dispenser for easy use and please use the small one-time-use towels to dry your hands with.

Please consider that if I get sick, it might impact your or someone else's booked appoint. Please know that I sincerely value your cooperation and understanding with these measures in place.

Henriëtte Meyer